

## **2nd International Congress**



### 2nd International Congress of the Southern European Allergy Societies







Dear colleagues,

Dear friends,

After the successful SEAS congress in Florence, it is a great pleasure to invite you to attend the 2nd SEAS Congress in Estoril, Portugal.

We hope that you can join us in this exciting meeting from the 31th of March to the 2nd of April 2011, for an extremely interesting program designed together by the working groups and scientific committee to highlight allergy, in all age groups, considering old and new challenges and advances in allergy and clinical immunology.

The meeting will focus on new achievements, new approaches to the diagnosis and new concepts in allergy treatments, with a particular focus on specific immunotherapy, from the use of conventional allergens and approaches to new techniques and indications, including the use in food and drug allergy.

It will be a meeting from basic science to the real-life clinical set, from clinicians to clinicians, stressing the particularities of allergy in practice in South European countries.

We expect to have lively discussions, allowing that different perspectives will improve good clinical practice of all the audience. We will have also poster sessions and satellite symposiums.

In the faculty, we will have young speakers acting side-by-side with several worldwide recognized speakers expecting to offer an innovative programme, with a lot of exciting and controversial topics.

The Congress Centre is located at the heart of the beautiful and glamorous seaside resort of Estoril, in a walking distance from several hotels, profiting not only a pure coastal breeze from the Atlantic Ocean, but also great gastronomy and fantastic weather, being just a short distance from Lisbon airport.

For all these reasons, we can anticipate that a large and interested group of allergists and clinical immunologists, from South Europe to other regions, will attend the SEAS annual meeting.

We look forward to seeing you in Estoril.

Mário Morais-Almeida SEAS President

G. Walter Canonica Scientific Committee

(Aquus





# 2nd International Congress of the Southern European Allergy Societies

## **Main Thematic**

Respiratory and Allergic diseases, from Childhood to Oldness

Diagnostic and therapeutic approaches in Italy, Portugal and Spain

Improvement of knowledge, clinical and research collaboration

We chose Estoril, as the ideal place to the 2nd International Congress of the Southern European Allergy Societies.

Estoril provides the ideal conditions to host this Congress as proved by all the Medical Associations that have chosen Lisbon region to hold European or Worldwide Congresses.

Estoril is a modern tourist village, which combines state-of-the-art facilities with the charm of the old days. The village boasts an increasing number of high quality hotels and a Congress Centre.

The kind and spontaneous hospitality of the inhabitants, the competitive prices, the excellent Portuguese cuisine and the sunny weather so that the event is not only a success to professional level but a very enjoyable meeting to provide the excellent conditions.





### **BOARD OF DIRECTORS**

Mário Morais de Almeida - President Carlos Nunes Ignacio Ansotegui Ignacio Antépara Jose Olaguibel Luigi Fontana Massimo Triggiani

### SCIENTIFIC COMMITTEE

G. Walter Canonica - Coordinator Ana Todo-Bom Ângela Gaspar Belén de la Hoz Carlos Colás Giovanni Rolla Luís Delgado Montserrat Férnandez-Rivas Roberto Paganelli

### **ORGANIZING COMMITTEE**

João Fonseca - Coordinator Angelo Passaleva Helena Falcão Luís Miguel Borrego Manuel Branco Ferreira Rodrigo Rodrigues Alves Tomás Chivato Pérez

Day	31-Mar-2011	Thursday	01-Apr-201	l Friday	02-Apr-2011	Saturday	
Hour	Auditorium	Room 2	Auditorium	Room 2	Auditorium	Room 2	
08:00 - 9:00	Oral presentation	Oral presentation	Pler	nary 1	Workshop 1 Drug Allergy	Workshop 2 Food Allergy	
09:00 - 10:30	Symposia 1 Rhinitis	Symposia 2 Asthma	Symposia 9 Immunotherapy	Symposia 10 Immunotherapy	Symposia 15 Basic Immunology	Symposia 16 Food Allergy	
10:30 - 11:00	Coffee	Break	Coffe	e Break	Coffee	e Break	
11:00 - 12:30	Symposia 3 Drug Allergy	Symposia 4 Food Allergy	Plenary Im	munotherapy	Symposia 17 Skin Allergy	Symposia 18 Autoimmune and Ids	
12:30 - 14:00	Poster View with lunch		Poster Vie	Poster View with lunch		Poster View with lunch	
14:00 - 15:30	Symposia 5 Venom Alergy	Symposia 6 Asthma	Symposia 11 SLAAAI	Symposia 12 Satellite	Symposia 19 Allergy and Sport	Symposia 20 Rhinitis and Asthma	
15:30- 15:45	Coffee	Break	Coffe	Coffee Break		Coffee Break	
15:45 - 17:15	Symposia 7 Skin Allergy	Symposia 8 Asthma	Symposia 13 Interasma	Symposia 14 GAILL	Symposia 21 JMA	Symposia 22 Aerobiology	
17:30 - 18:30	SEAS Membership FORUM		Sympos	Symposia Satellite		Closing Ceremony	
19:00	Opening	ceremony	Socia	ll Event			

## **Preliminary Programme**

## 31 - March - 2011

Day	31-Mar-20	31-Mar-2011 Thursday			
Hour	Auditorium	Room 2			
08:00 - 9:00	Oral presentation	Oral presentation			
09:00 - 10:30	Symposia 1 Rhinitis	Symposia 2 Asthma			
10:30 - 11:00	Coffe	ee Break			
11:00 - 12:30	Symposia 3 Drug Allergy	Symposia 4 Food Allergy			
12:30 - 14:00	Poster Vie	w with lunch			
14:00 - 15:30	Symposia 5 Venom Alergy	Symposia 6 Asthma			
15:30- 15:45	Coffe	ee Break			
15:45 - 17:15	Symposia 7 Skin Allergy	Symposia 8 Asthma			
17:30 - 18:30	SEAS Memb	SEAS Membership FORUM			
19:00	Opening	Opening ceremony			

## 31 - March - 2011

## 08.00 - 12.30 h

### Symposia 1

Chairs - Giovanni Rolla (Italy); Teresa Dordal (Spain) Rinite e asma in *Relationship between rhinitis and asthma in occupational setting* Gianna Moscato (Italy) Como manejar a rinite na criança / *Management of rhinitis in children* Carlos Nunes (Portugal) Poliposis nasosinusal: caracteristcas clinicas y calidad de vida / *Nasosinusal poliposis: clinical characteristics and quality of life* Ignacio Davila (Spain)

### Symposia 2

Chairs – Rosa Muñoz (Spain); Eustachio Nettis (Italy) Compliance to asthma treatment Fulvio Braido (Italy) Tratamento pediátrico da asma e prescrição off-labelling/não aprovada / Paediatric asthma treatment and off-labelling/unlicensed prescription Mário Morais-Almeida (Portugal) Control actual del asma y reduccion del riesgo futuro / Current asthma control and reduction of future risk Joaquín Sastre (Spain)

### Symposia 3

Chairs – Mª Teresa Audicana (Spain); Josefina Cernadas (Portugal) Meccanismi di immunizzazione a farmaci / *Mecanisms of sensitization to drugs* Paolo Campi (Italy) Novos métodos laboratoriais na alergia a fármacos / *New in vitro testing methods in drug allergy* Maria Conceição Santos (Portugal) Clasificación de las reacciones por antiinflamatorios no esteroideos / *Classification of the reactions to NSAIDs Nancy Ortega (Spain)* 

### Symposia 4

*Chairs* – Maria Grazia Sabbadini (Italy); Monsterrat Fernández Rivas (Spain) Anafilaxia alimentar / *Food-induced anaphylaxis* Rodrigo Rodrigues-Alves (Portugal) Reactividade cruzada e alergia alimentar / *Cross-reactivity and food allergy* Susana Piedade (Portugal) Utilidad de los microarrays de péptidos en la alergia al huevo / *Usefulness of peptid microarrays in egg allergy Belen de la Hoz (Spain)* 

## 31 - March - 2011

### 14.00 - 17.15 h

### Symposia 5

Chairs – Alfonso Miranda (Spain); Agostino Cirillo (Italy) Optimal duration of venom immunotherapy Valerio Pravettoni (Italy) Mecanismo de segurança na imunoterapia a himenópteros / Safety mechanisms in immunotherapy to venom allergens Elisa Pedro (Portugal) Perfil de sensibilización a antígenos de véspidos. Sensitization profiles to venom allergens. Javier Fernández (Spain)

### Symposia 6

Chairs - Maria Luisa Pacor (Italy); José Luis García Abujeta (Spain) O meu filho tem asma? O que quer dizer com fenótipos? / My children is asthmatic? What do you mean with phenotypes? Ângela Gaspar (Portugal) Asma y factores ambientales / Role of environmental factors in asthma Jose Luis Olaguibel (Spain) UAD - SCUAD & asthma Caterina Bucca (Italy)

### Symposia 7

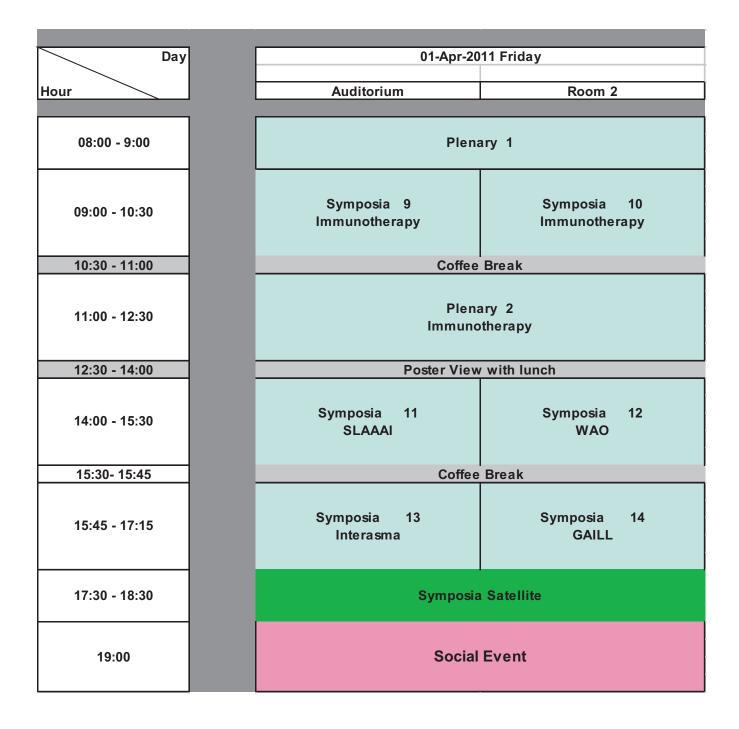
Chairs – Teresa Caballero (Spain); Cristina Santa Marta (Portugal) Fisiopatologia del prurito / Itching physiopathology Andrea Matucci (Italy) Envelhecimento e alergia cutânea / Ageing and skin allergy Ana Todo-Bom (Portugal) Quality of life in hereditary angioedema Nieves Prior (Spain)

### Symposia 8

Chairs - Manuel Branco Ferreira (Portugal); Mª José Alvárez Puebla (Spain) Função pulmonar em idade pré-escolar na prática diária? / *Lung function in pre-school children in daily practice*? Luís Miguel Borrego (Portugal) Inflammatory markers of Asthma Paolo Montuschi, Italy Papel de la terapia con monoclonales en el asma bronquial / *Asthma therapy with monoclonal antibodies José Mª Vega (Spain)* 

## **Preliminary Programme**

## 1 - April - 2011



## 1 - April - 2011

## 08.00 - 12.30 h

### **PLENARY SESSION 1**

Title - Critical view of guidelines Chairs - Mario Morais-Almeida (Portugal); Tomas Chivato (Spain) Urticaria guidelines Riccardo Asero (Italy) Food allergy guidelines Montserrat Fernández Rivas (Spain)

### Symposia 9

Chairs – Filipe Inácio (Portugal); F Salsano (Italy) *Allergen specific immunotherapy in asthma* Gianni Passalacqua (Italy) Imunoterapia específica e eczema atópico / *Specific imunotherapy in atopic eczema* Celso Pereira (Portugal) SLIT: Who to treat and how. Ana Tabar (Spain)

### Symposia 10

Chairs - G. Walter Canonica (Italy); Pedro Guardia (Spain) *Adherence to specific immunotherapy: what do we know?* Gianenrico Senna (Italy) Imunoterapia com alergénios recombinantes: ponto da situação / *Immunotherapy with recombinant allergens: where do we stand?* Eva Gomes (Portugal) Immunotherapy: future directions. Carmen Moreno (Spain)

### **PLENARY SESSION 2**

Chairs - Carlos Nunes (Portugal); Jose María Olaguibel (Spain) Immunotherapy guidelines, a critical view Jean Bousquet (France) Immunotherapy to rhinitis and asthma G. Walter Canonica (Italy) Pharmacotherapy and/or immunotherapy in asthma Santiago Quirce (Spain)

## 1 - April - 2011 14.00 - 17.15 h

Symposia 11 SLAAAI

Symposia 12 WAO

### Symposia 13- Interasma

Chairs - You Yong Kim (South Korea); Ignacio Ansotegui (Spain) Global programs on Asthma YY Kim (South Korea) Asthma – Theres is under or overdiagnosis – Carlos Baena Cagnani (Argentina) Future perspectives on asthma – Lawrence DuBuske (USA)

### Symposia 14 GAILL

Chairs - Laura Palma-Carlos (Portugal); Alfred Sabbah (F) Allergy and Genetic Diseases Antero G. Palma-Carlos (Portugal) Asthma and Psychiatric Disturbances Sergio Del Giacco (Italy) Migraine - From allergy to Vasculopathy Andre Pradalier (France)

## **Preliminary Programme**

## 2 - April - 2011

Day	02-Apr-201	02-Apr-2011 Saturday		
Hour	Auditorium	Room 2		
08:00 - 9:00	Workshop 1 Drug Allergy	Workshop 2 Food Allergy		
09:00 - 10:30	Symposia 15 Basic Immunology	Symposia 16 Food Allergy		
10:30 - 11:00	Coffee	Break		
11:00 - 12:30	Symposia 17 Skin Allergy	Symposia 18 Autoimmune and Ids		
12:30 - 14:00	Poster View	v with lunch		
14:00 - 15:30	Symposia 19 Allergy and Sport	Symposia 20 Rhinitis and Asthma		
15:30- 15:45	Coffee	Break		
15:45 - 17:15	Symposia 21 JMA	Symposia 22 Aerobiology		
17:30 - 18:30	Closing C	Ceremony		

## 2 - April - 2011

## 08.00 - 12.30 h

### Workshop 1

Chairs - Eva Gomes (Portugal); Eshter Moreno (Spain) Novità in tema di allergia a beta-lattamici / *What´s new in allergy to betalactamics* Antonino Romano (Italy) Reactividad cruzada entre betalactámicos / *Cross reacticity between betalactamics* Emilia Faria (Portugal)

### WORKSHOP 2

Chairs – Mário Morais-Almeida (Portugal); Giselda Colombo (Italy) Il grano: quando allergia e quando celiachia / *Wheat: allergy or celiac disease?* Donatella Macchia (Italy) Calidad de vida en pacientes alérgicos a alimentos: datos españoles del estudio EuroPrevall / *Quality of life of patients with food allergy: spanish data from the EuroPrevall study* Inmaculada Cerecedo (Spain)

### Symposia 15

Chairs – Luis Delgado (Portugal); Sebastiano Gangemi (Italy) Nuove applicazioni dell'anti-CD20 / New indication for anti-CD20 Roberto Paganelli (Italy) Interacções gene-ambiente / Gene-environment interactions Luís Taborda Barata (Portugal) Modifications in molecular allergenicity by chemical and physical conditions Gabriel Salcedo (Spain)

### Symposia 16

Chairs - Francesco Marcucci (Italy); Helena Falcão (Portugal) Desensibilizzazione orale al latte vaccino / *Oral dessensitization to cow´s milk* Fiocchi Alessandro (Italy) Alimentos geneticamente modificados e alergia alimentar / *Foods genetically modified and food allergy* Sara Prates (Portugal) Marcadores pronósticos en la inducción oral de tolerancia a leche / *Prognostic markers for the oral tolerance induction protocols to milk* Monica Rodríguez-Alvarez (Spain)

### Symposia 17

Chairs - Celso Pereira (Portugal); Giussepe Bruno (Italy) Tratamentos alternativos na urticária crónica / *Alternative treatment in chronic urticaria* Amélia Spínola Santos (Portugal) Terapia dell'orticaria cronica / *Therapy of chronic urticaria* Massimo Triggiani (Italy) Dermatitis de contacto ocupacional / *Occupational contact dermatitis* Pilar Iriarte (Spain)

## 2 - April - 2011

## 14.00 - 17.15 h

### Symposia 18

Chairs - Luigi Fontana (Italy); Rita Câmara (Portugal) Le nuove immunodeficienze / New immunodeficiencies Anna Plebani (Italy) Avanços nas terapêuticas curativas de IDPs / News on curative therapeutic of PIDs Susana Lopes da Silva (Portugal) Diagnóstico y manejo de las Inmunodeficiencias primarias en adultos por alergólogos / Diagnosis and management of immunodeficiencies in adults by allergologists. Juan García González (Spain)

### Symposia 19

Chairs - Luis Delgado (Portugal); Cristoforo Incorvaia (Italy) *Rhinitis and asthma in athletes* Matteo Bonini (Italy) Actividade física, obesidade e asma / *Physical activity, obesity and asthma* André Moreira (Portugal) International sport games for asthmatics children. Iberoamerican experience Concepción López Serrano (Spain)

### Symposia 20

Chairs - Ignacio Ansotegui (Spain); Domenico Calabro (Italy) Monitorização do controlo da rinite e da asma na prática clínica / *Rhinitis and asthma control assessment in clinical practice* João Fonseca (Portugal) Asma e gravidanza / *Rhinitis and Asthma in Pregnancy* Oliviero Rossi (Italy) Farmacoeconomia de la rinitis: estudio FERIN / Pharmacoeconomy of rhinitis: FERIN study Carlos Colas (Spain)

### Symposia 21

Chairs - Rodrigo Rodrigues-Alves (Portugal); Maria Teresa Sobrevia-Elfau (Spain) AINEs e alergia / *NSAIDs and allergy* Alexandra Santos (Portugal) Stress e alergia / Stress and allergy Arturo Ruiz (Spain) Lower airway involvement in chronic rhinosinusitis Enrico Heffler (Italy)

### Symposia 22

Chairs – Angelo Passaleva (Italy); Luisa Lopes (Portugal) New sensitizations and allergy in migrants Carlo Lombardi (Italy) Alterações climáticas e contagens polínicas / Climatic changes and pollens counts Rui Brandão (Portugal) Particularidades clínicas de la sensibilización a pollen de Salsola/ Salsola pollen allergy special clinical features Lucía Ferrer (Spain)

## **Abstract Submission**

Abstracts are invited from all participants for oral and poster presentation.

All abstracts must be written in English and presentations should be in native language.

Abstracts should be submitted electronically through the Congress website.

Deadline for abstract submission is 15 January 2011 at 24.00 CET

The presenting author of an accepted abstract must be registered to the congress.

### **Instructions to Authors - Submission Guidelines**

Abstracts should clearly state the following: paper tittle; presenting author's name and full contacts details; conference topic to which the subject is most closely related. In order to make the abstract as informative possible, you should include the purpose of the study, the method used, the result observed, and the conclusions based upon the results. You may subtitle the paragraphs in bold format in the following order: Background, Method, Results, and Conclusion.

Use maximum 2500 characters for your abstract.

### Topic Area

1 – Clinical Immunology	2- Mediterranean aerobiology 3 – "In vitro" diagnosis			
4 - Drug allergy	5 – Venom Allergy	6 – Anaphylaxis		
7 – Food allergy	8 – Skin allergy	9 – Immunotherapy		
10 – Rhinitis	11- Asthma	12 - Miscellaneous		

### **Receipt of Submission**

Acknowledgement of the receipt of your submission will be returned to your email address upon submission. If you do not receive the confirmation email, your abstract needs to be re-submitted.

### Notification of Acceptance

Notification of acceptance/rejection will be e-mailed to the corresponding author. The presenting author must register for the Congress and pay the registration fee before 15 March, 2010. Accepted abstracts will be published in the Abstract Book.

Grants will be provided to authors that intended to present abstracts for this congress.

SEAS awards prizes for the best posters and oral abstracts at the end of the congress and proudly profiles our winners

### **Registration Form 2nd International SEAS Congress**



Please type or write in capital letters and return to the Congress secretariat - AIM Italy

### HOUSING BUREAU AND DMC

Lisbon Office Rua Garrett, 61/3 – 1200 203 Lisboa, Portugal Ph. +351 21 3245041 Fax +351 21 3245050 E-Mail: saudade.leitao@aims-international.com Web: www.aimgroup.eu/2011/seas

### ORGANIZING SECRETARIAT

AlMGroup International Florence Office Viale G. Mazzini, 70 – 50132 Florence – Italy Ph.+39 55 2333881 Fax.+39 55 2480246 E-Mail: <u>seas2011@aimgroup.eu</u> Web: <u>www.aimgroup.eu/2011/seas</u>

Participant						
Title Last name			First name			
Affiliation						
Mailing address						
Zip code	City		Country			
Phone	Fax	,	Email			
Accompanying persor	n(s)					
1 • Full name						
2 • Full name						
Registration fees (VAT	Included)					
Members	before 15 Jan 2011	after 16 Jan 2011				
SIAIC/SEAIC/SPAIC	300€ □	350€ □	Member nr			
Non-member	375€	425€				
Students	100€ □	150€ 🗌				
Accompanying persons	75€ □	75€ □	x (nr. persons)			

80€ 🗌 x

(nr. persons)

Total amount \_\_\_\_\_ € (Costs include VAT)

80€ 🗌

Congress evening

Registration Form 2nd International SEAS Congress



Please type or write in capital letters and return to the Congress secretariat AIM Italy

### Methods of Payment

	By bank transfer (a cop IBAN: IT52C030690282210 BIC/SWIFT code: BCITITM		) Total amount	€
	AIM Congress Srl c/o Banc	ca Intesa S. Paolo - Fil Di Firenze (v.	dogali s/r)	
	By credit card	asterCard	Total amount	€
	Credit card number	····· ······ ·····	·	
	Expiration date / .	Security Code		
	Card holders name			
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Invoicing da	ita			
Regular invoic	e for the amount paid will be	e sent to:		
Personal/Com	pany full name			
Fiscal address				
Zip code	C	City	Country	
VAT number _				

### Cancellations and refunds

Cancellations will be accepted only in writing sent to AIM Group - AIM Congress Srl. Cancellations received:

• before Mar 1st - full refund

• after Mar 1st - no refund

The forms not accompanied by the payment will not be taken into consideration.

Date \_\_\_\_\_

Signature \_\_\_\_



## 2<sup>nd</sup> International Congress of the Southern European Allergy Societies





The Estoril Congress Center is ready to host all sort of events!

- Auditorium 600 persons
- Exhibition Area 6.500 sqm
- 20 Break-out Rooms from 40 to 400 persons
- Terrace with 225 sqm
- Catering and Banqueting Areas
- Indoor car park

### Estoril Congress Centre - LEVEL 0



### Exhibitors

1	11	21
2	12	22
3	13	23
4	14	24
5	15	25
6	16	26
7	17	27
8	18	28
9	19	29
10	20	30

### Booth areas can be build from 9 to 100 sqm

### HOUSING BUREAU AND DMC

Lisbon Office Rua Garrett, 61/3 – 1200 203 Lisboa, Portugal Ph. +351 21 3245041 Fax +351 21 3245050 E-Mail: saudade.leitao@aims-international.com Web: www.aimgroup.eu/2011/seas

### **Congress Secretariat**

AlMGroup International Florence Office Viale G. Mazzini, 70 – 50132 Florence – Italy Ph.+39 55 2333881 Fax.+39 55 2480246 E-Mail: seas2011@aimgroup.eu Web: www.aimgroup.eu/2011/seas

### Venue

Estoril Congress Center Av. Amaral, 2765-192 Estoril Tel.: (+351) 21 464 75 75 Fax: (+351) 21 464 75 76 Website: www.estorilcongresscenter.com Email: info@estorilcongresscenter.com

### **Congress Language**

The official language of the Congress is Portuguese, Spansih and Italian Translation service will be provided to english one way.

### **Registration and information desk**

Opening hours: Mars 31: 7h00 to 19h00 April 1: 07h30 to 19h00 April 2: 07h30 to 18h00

Registration for delegates includes attendance to the scientific sessions, entry to the exhibition, congress bag containing the final programme and abstract book, attendance to the Opening Ceremony and Welcome reception, Congress lunches, morning and afternoon coffees and a Certificate of attendance.

All personal documentation will only be handed directly to the participant.

### Name badges

Entrance to the Congress area will be limited to badge holders only. Please remember to always wear your badge at the Estoril Congress Center. If the badge is lost, please contact the Congress registration desk. A fee of 25€ will be charged for each new badge.

#### **Technical exhibition**

A technical exhibition will be located in the entrance hall of the venue and will be available every day.

### **Certificate of attendance**

Participating delegates will receive a certificate of attendance at the end of the Congress.

In case of early departure, please contact the Congress registration desk.

### ORGANIZING SECRETARIAT

AIMGroup International Florence Office Viale G. Mazzini, 70 – 50132 Florence – Italy Ph.+39 55 2333881 Fax.+39 55 2480246 E-Mail: <u>seas2011@aimgroup.eu</u> Web: <u>www.aimgroup.eu/2011/seas</u>

### Mobile phone policy

Please respect the Congress policy and swich off your mobile phone in all meeting rooms and poster areas.

### Transportation from the airport

AeroBus (Lisbon) A regular shuttle bus runs between the airport and Cais do Sodré, every 20 minuntes, between07h45 and 20h45. The ticket is sold on board the shuttle and is valid for 1 day. At the Cais do Sodré station there are trains leaving every 10-20 min. (depending on the time and day of the week), taking an average of 30 min. to get to Estoril. Baggage transportation is free of charge.

Shuttle fare: 3,00€ Train fare: 1,60€

Taxis are also easily available and the average fare to Estoril should be approximately 50€ (baggage is charged separately).

#### Insurance

You are requested to arrange your own health and travel insurance. The Congress organizer is not able to take responsibility for any injuries, damages or losses of any nature incurred by participants and/or accompanying persons.

### **Banks**

Banks are open from 8.30 a.m. to 3 p.m., Monday to Friday. Portugal has a national network of cash machines (ATMs) identified by the symbol MB (Multibanco), from which you can withdraw cash 24 hours a day.

### **Currency and credit cards**

Portugal is one of 12 European Union countries whose common official currency is the Euro.

You can exchange money at banks, which are open from 8.30 a.m. to 3 p.m. monday to friday; at bureaux de change; and at automatic currency exchange machines (these are for currency sale transactions only).

In Portugal, the most commonly used credit cards are: Visa, Visa Electron, American Express, Diners Club, Europay / MasterCard, JCB and Maestro.

### Tipping

Service charges are always included. Extra gratuities are not necessary but are welcomed.

### Emergencies

The national number for emergencies is 112. It can be dialled at any time of the day or night from anywhere in Portugal.

### **Pharmacies**

In general, pharmacies are open on weekdays between 9am and 7pm (some close for lunch between 1 and 3 pm) and on Saturdays between 9am and 1pm. They display an illuminated green cross outside when open at night. All of them have information posted on the door indicating the nearest pharmacies that are open at night.

### **Post Offices**

In general, post offices are open from Monday to Friday, from 9 a.m. to 6 p.m. Central and airport offices have extended opening hours and may be open on Saturdays and in some cases also on Sundays.

Stamps are sold in post offices and vending-machines in the streets.

Many post offices have the Netpost service that on payment allows access to personal e-mail and the Internet.

More detailed information about opening hours and services available at each office can be found on www.ctt.pt

#### Weather and dress

In April the weather is usually sunny, with day temperatures around 15-20°C. At night the temperatures can drop down to 10°C.

### Voltage

Electricity in Portugal is 220 volt current. Plugs are European standard with two round pins.

### Information on the internet About the Congress: www.estorilcongresscenter.com

What to see in the Estoril Coast: www.estorilcoast-tourism.com

What to see in Lisbon: www.atl-turismolisboa.pt



## 2<sup>nd</sup> International Congress of the Southern European Allergy Societies

## Accommodation

The Portuguese Hotel Industry has established a good reputation abroad thanks to the high standard of services rendered. Professionalism combined with the Portuguese natural warmth and friendliness forms an important argument for the destination.

### Total hotel capacity closer to the Estoril Congress Center:

			HOTELS	ROOMS
The ESTORIL	Coast hotel ca	pacity in 2010	5* HOTELS HOTEL PALÁCIO HOTEL CASCAIS MIRAGE	161 200
Category	Nr of Hotels	Nr of Rooms	4* HOTELS	
5 stars	7	795	HOTEL VILA GALÉ	126
4 stars	17	2.349	HOTEL ESTORIL EDEN	162
3 stars	12	961	3* HOTELS	
2 stars	8	314	HOTEL ALVORADA	51
Resorts	2	42	HOTEL SABÓIA	48
Guest Houses	13	169	HOTEL LONDRES	118
Total	60	4.630	HOTEL PARIS	97
			HOTEL LIDO	62
			HOTEL INGLATERRA	52
			TOTAL : 10 UNITS	1.077

### Thrusday - Mars 31

Opening Ceremony	18H00
Estoril Congress Center	



### FRIDAY - April 1

Congress evening 20h00 Casino Estoril Dinner and show at the largest casino in Europe Price: EUR 80

### FOUR The Spirit of the Elements

Following Circo Luci, Luminaire and Glace: Cirque on Ice, Poet Productions presents Four: the spirit of the elements, a dazzling scenic extravaganza centred on the poetic simplicity of the elements, AIR, FIRE, EARTH and WATER. Under the creative direction of Michael McPherson, ex-performer of Cirque du Soleil, Four: the spirit of the elements breaks the traditional big show barriers, abandoning the stage to reach the audience, sending it into a whirlwind of emotions, where sound and movement become the faithful guide on a magical journey through the senses. Fantastic special effects, supported by the surrealism of innumerable video images, serve as the backdrop to sensational aerial displays and acrobatics full of energy and rhythm.

A true challenge to daring and a (re)discovery of the senses. Unmissable!







- **1** Estoril Congress Centre
- **2** Casino
- **3** Tourism office
- **4** Estoril train station
- **5** Estoril Palácio Hotel
- 6 Vila Galé Hotel
- **7** Sana Estoril Hotel
- 8 Inglaterra Hotel
- **9** Alvorada Hotel
- **10** Estoril Eden Hotel
- **11** Miragem Hotel
- 12 Monte Estoril train station